



Canton de Hatley North Hatley



RECREATION PROGRAM - FALL 2022

PILATES - MIXED LEVELS

This is a method of strengthening muscles and improving posture. You must be in good physical shape (not recommended for people with osteoporosis or lumbar sprain). With Mélanie Boivin, certified instructor.

Bring your floor mat & water bottle!

When: Tuesdays, from September 27th to December 6th **Time:** 1:30 to 2:30 pm

Where: Town Hall - Massawippi Hall / 4765 Capelton Road, Canton de Hatley

Cost: \$ 100 **Limited places:** 8-10 people



BADMINTON

This is the opportunity to play badminton games every week, in good company! Come improve your techniques (must master the game and have the basic knowledge to play badminton).

Activity reserved for people 16 years old and over.

MONDAYS

When: Mondays, from September 19th to December 12th

Time: 7 pm to 9 pm

Where: North Hatley Elementary School
110 School Street, North Hatley

Cost: \$ 40

Limited places: 12 to 22 people registered

WEDNESDAYS

When: Wednesdays, from September 21st to December 14th

Time: 7 pm to 9 pm

Where: North Hatley Elementary School
110 School Street, North Hatley

Cost: \$ 40

Limited places:

12 to 22 people registered



PIANO

Do you dream of playing the piano or improving your technique? This is the course you need. Adapted to your level, it is taught by Micheline Gagnon, pianist graduated from the University of Montreal. Children from the age of 6, teenagers, adults. **Welcome to seniors!**

When: Mondays, September 19th to December 19th
(Break on October 3rd and 10th)

Time: 1:30 to 8:00 pm

When: Fridays, from September 23th to December 9th

Time: 1:30 to 3:30 pm

Where: Town Hall - Massawippi Hall
4765 Capelton Road, Canton de Hatley

Cost:

Children 14 & under

30 min: \$ 318

45 min: \$ 477

60 min: \$ 636

15 and over

30 min: \$ 350

45 min: \$ 525

60 min: \$ 700

Possibility of payment agreement



CHOIR

If you are interested in choir singing, if you are singing just right and want to invest in quality moments, the Ensemble Vocal Massawippi is for you!

When: Thursdays, from August 25th to October 20th,
concert at Saint-Benoît-du-Lac Abbey on Saturday, October 22nd.

Thursdays, from October 27th to December 8th,

Christmas concert on Sunday, December 11th, location to be confirmed.

Contact Mrs. Lise Gardner: lise_gardner50@hotmail.com or visit the website: ensemblevocalmassawippi.com

Time: 7 pm to 9:30 pm

Where: Ste-Elisabeth Church
3115 Capelton Road, North Hatley

Cost: \$ 115, \$ 40 partitions (2 concerts)

Registrations beginning now at Town Hall of Canton de Hatley (4765 Capelton Road).

For non-residents registration fees will be increased by 25%.

For all activities, you must be registered at the session, no one-off registration will be accepted.