



RECREATION PROGRAM • WINTER 2026

Pickleball

Come discover a new sport that combines tennis, badminton, and table tennis in good company! All skill levels are welcome. Racket not provided. Activity reserved for persons aged 16 and older.

THURSDAYS from January 22nd to May 7th (15 lessons)

(Break on March 5th)

Time: 8 to 10 p.m.

Where: Collège François-Delaplace
365 Compton Street, Waterville

Cost: \$90 / Limited places: 12 to 24 participants

Badminton

This is your chance to play badminton every week in good company! Come improve your skills (must be proficient at the game and have basic knowledge). Racket not provided. Activity reserved for persons aged 16 and over.

THURSDAYS from January 22nd to May 7th (15 lessons)

(Break on March 5th)

Time: 8 to 10 p.m.

Where: Collège François-Delaplace
365 Compton Street, Waterville

Cost: \$90 / Limited places: 12 to 24 participants

Zumba

Looking for an effective, accessible, and fun workout? This dynamic class uses simple, catchy choreography inspired by Latin rhythms and different musical styles. A fitness session to work on your cardiovascular endurance, tone your body, and let off steam in a friendly, non-judgmental atmosphere!
With Laura-Catherine Bergeron, kinesiologist.

MONDAYS from January 19th to May 4th (14 lessons)

(Break on March 2nd and April 6th)

Time: 5:30 to 6:30 p.m.

Where: Collège François-Delaplace
365 Compton Street, Waterville

Cost: \$160 / Minimum 12 participants

Pilates multi-level

This method helps strengthen muscles and improve posture. You must be in good physical condition (not recommended for those with osteoporosis, hernias, or lower back pain). With Mélanie Boivin, certified instructor. Bring your mat, Zenga stability ball (optional), and water bottle!

TUESDAYS from January 20th to June 9th (20 lessons)

(Break on March 3rd)

Groupe #1: 8:30 to 9:30 a.m.

Groupe #2: 9:45 to 10:45 a.m.

Where: Town Hall · Massawippi Hall
4765 Capelton Road, Canton de Hatley

Cost: \$210

Limited places: 8 to 14 participants

Country dancing

Discover the joy of movement with our introductory country dance classes. No prior experience is necessary, and everyone is welcome. A simple and friendly space where you can let yourself be carried away by the music, move, have fun, and maybe even leave with a few new dance steps under your belt!

WEDNESDAYS from January 21st to May 6th (14 lessons)

(Break on March 4th)

Time: 2:30 to 3:30 p.m.

Where: Town Hall · Montjoye Hall
4765 Capelton Road, Canton de Hatley

Cost: \$150 / Minimum of 15 people registered

Piano

Do you dream of playing the piano or improving your technique? Here is a course tailored to the level and tastes of each student, child or adult. It is taught by Micheline Gagnon, a pianist who graduated from the University of Montreal. Welcome, everyone!

WEDNESDAYS from January 21st to June 10th (20 lessons)

(Break on March 4th)

Time: 10:30 a.m. to 4:30 p.m.

Where: Town Hall · Massawippi Hall
4765 Capelton Road, Canton de Hatley

Cost: 30 min: \$640 / 45 min: \$965 / 60 min: \$1280

Possibility of payment agreement

For non-residents of Canton de Hatley, registration fees will be increased by 25%.

For all activities, you must be registered for the session; no one-time registrations will be accepted.

REGISTRATIONS BEGINNING NOW Town Hall of Canton de Hatley · 4765 Capelton Road

Holiday Schedule: Closed from December 24th, 2025 to January 2nd, 2026